

EPISTLE AND GOSPEL READINGS

EPISTLE READING:

Prokeimenon. Mode 2.

Psalm 117.14,18

The Lord is my strength and my song.

Verse: The Lord has chastened me sorely.

The reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Προκείμενον. Ἦχος β'.

ΨΑΛΜΟΙ 117.14,18

Ἰσχύς μου καὶ ὕμνησίς μου ὁ Κύριος.

Στίχ. Παιδεύων ἐπαίδευσέ με ὁ Κύριος.

Πρὸς Ἑβραίους 1:10-14, 2:1-3 τὸ ἀνάγνωσμα

Κατ' ἀρχάς, Κύριε, τὴν γῆν ἐθεμελίωσας, καὶ ἔργα τῶν χειρῶν σου εἰσιν οἱ οὐρανοί· αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμένεις· καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἐλίξεις αὐτούς, καὶ ἀλλαγῆσονται· σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσιν. Πρὸς τίνα δὲ τῶν ἀγγέλων εἴρηκέν ποτε, Κάθου ἐκ δεξιῶν μου, ἕως ἂν θῶ τοὺς ἐχθρούς σου ὑποπόδιον τῶν ποδῶν σου; Οὐχὶ πάντες εἰσὶν λειτουργικὰ πνεύματα, εἰς διακονίαν ἀποστελλόμενα διὰ τοὺς μέλλοντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δεῖ περισσοτέρως ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσιν, μήποτε παραρρυῶμεν. Εἰ γὰρ ὁ δι' ἀγγέλων λαληθεὶς λόγος ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοὴ ἔλαβεν ἔνδικον μισθαποδοσίαν, πῶς ἡμεῖς ἐκφευξόμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; Ἦτις, ἀρχὴν λαβοῦσα λαλεῖσθαι διὰ τοῦ κυρίου, ὑπὸ τῶν ἀκουσάντων εἰς ἡμᾶς ἐβεβαιώθη.

GOSPEL READING:

The Gospel According to Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Ἐκ τοῦ Κατὰ Μάρκον 2:1-12

Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, εἰσηλθεν ὁ Ἰησοῦς εἰς εἰς Καπερναοὺμ δι' ἡμερῶν καὶ

ἠκούσθη ὅτι εἰς οἶκόν ἐστι. καὶ εὐθέως συνήχθησαν πολλοί, ὥστε μηκέτι χωρεῖν μηδὲ τὰ πρὸς τὴν θύραν· καὶ ἐλάλει αὐτοῖς τὸν λόγον. καὶ ἔρχονται πρὸς αὐτὸν παραλυτικὸν φέροντες, αἰρόμενον ὑπὸ τεσσάρων· καὶ μὴ δυνάμενοι προσεγγίσει αὐτῷ διὰ τὸν ὄχλον, ἀπεστέγασαν τὴν στέγην ὅπου ἦν, καὶ ἐξορύξαντες χαλῶσι τὸν κράβαττον, ἐφ' ᾧ ὁ παραλυτικὸς κατέκειτο. ἰδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ· τέκνον, ἀφέωνταί σοι αἱ ἀμαρτίαι σου. ἦσαν δὲ τινες τῶν γραμματέων ἐκεῖ καθήμενοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν· τί οὗτος οὕτω λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ἀμαρτίας εἰ μὴ εἷς ὁ Θεός; καὶ εὐθέως ἐπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογίζονται ἐν ἑαυτοῖς, εἶπεν αὐτοῖς· τί ταῦτα διαλογίζεσθε ἐν ταῖς καρδίαις ὑμῶν; τί ἐστὶν εὐκοπώτερον, εἰπεῖν τῷ παραλυτικῷ, ἀφέωνταί σοι αἱ ἀμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἱὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἀμαρτίας - λέγει τῷ παραλυτικῷ· σοὶ λέγω, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ ὑπάγε εἰς τὸν οἶκόν σου. καὶ ἠγέρθη εὐθέως, καὶ ἄρας τὸν κράβαττον ἐξῆλθεν ἐναντίον πάντων, ὥστε ἐξίστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἶδομεν.

“Sunday of St. Gregory Palamas”

Sunday, March 24th, 2019

8:30am-Orthros

9:30am-Divine Liturgy

10:40am-Sunday School

Monday, March 25th-Annunciation

8:30am-Orthros

9:30am-Divine Liturgy

Wednesday, March 27th

6:00pm-Presanctified Liturgy

Friday, March 29th

7:00pm- Third Salutation

Saturday, March 31st

3:00-5:00pm-Confession

5:00pm-Vespers

Parish Council Assignment Team #2- Vange, Chris, Zoi

COMMUNION PROCEDURE

Please help us to facilitate a respectful and orderly communion by allowing the Sunday School students to receive first. After they have finished a Parish Council member will release parishioners one row at a time beginning in the front of the church working toward the back. Please remember also to stay for the blessing at the conclusion of Divine Liturgy.

FELLOWSHIP HOUR

Fellowship Hour this morning is being sponsored by the Parish Council.

SPRING GENERAL ASSEMBLY TODAY

In the Community Center following the dismissal of Liturgy. All stewards are encouraged to attend and participate.

PAN ORTHODOX VESPERS TONIGHT

At 6:00pm there will be a Pan-Orthodox Vesper service at Ss. Peter & Paul OCA parish located at 1614 E. Monte Vista Rd. in Phoenix. All Orthodox Christians are invited to attend and show our unity in the Faith. A Lenten dinner will be served after the service. The homilist will be Fr. Jacob Saylor.

GREAT LENT BEGAN MARCH 11TH

During Great Lent the Church encourages us to fast from meat and dairy, and their by-products, alcohol, fish with a backbone and olive oil (except on

weekends). In Addition to this we should attend the various Lenten services and give alms to the poor. Blessed Lent to you! Kali Tessarakosti!

BIBLE STUDY/YAL FELLOWSHIP

7:10-8:10pm. Topic: St. Paul's Letter to the Romans.

Location: Choir loft.

MYRRH BEARERS

Any girls from 8-13 years of age who would like to serve as “myrrh bearers” for the Holy Friday Lamentation Service and Holy Pascha Resurrection Service are encouraged to contact Antigoni Bhatia.

SEEKING A GREEK SCHOOL TEACHER

Qualified and interested people please contact Marina Ambus for more information.

UPCOMING EVENTS:

March 30th 1:30pm- Daughters of Penelope Event

There will be a showing of *Faith, Hope & Love* at the *Harkins Chandler Fashion 20*. Seating is assigned, purchase tickets at the theater or online. See flier in Narthex or DOP members for more information.

May 4th - AZ Walk for Missions

At Kiwanis Park in Tempe, save the date! For more information see flier in Narthex.

SCHOLARSHIPS AVAILABLE

The Arizona Hellenic Foundation has scholarships available for qualified students. For applications and eligibility requirements please visit our website: azhellenic.org Applications must be postmarked by April 1, 2018.

PLEASE NOTE...

It costs \$100 dollars per week per family to operate Saint Katherine Greek Orthodox Church. Please prayerfully consider your stewardship. We certainly appreciate all those who give of their time, talent & tithings. Thank you for your love and commitment to Saint Katherine!

Greek Archdiocese of America:

www.goarch.org

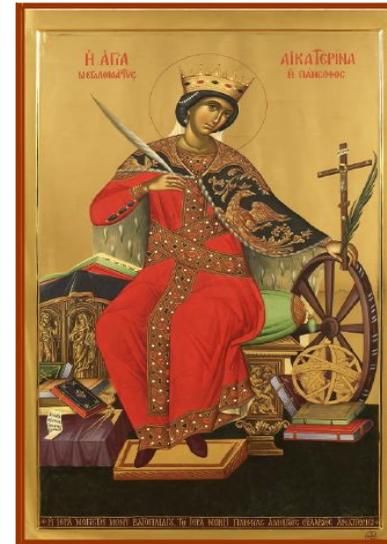
Metropolis of San Francisco:

www.sanfran.goarch.org

Download & Print the Bulletin & Spirit at:

www.st-katherine.org

St. Katherine Greek Orthodox Church Weekly Bulletin March 24, 2019 Welcome!



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Church Office Hours:

Monday – Friday 9:30 a.m. – 3:30 p.m.

Closed 12:00 – 1:00p.m. for lunch

Proistamenos:

Rev. Fr. Philip S. Armstrong

Email: skcpriest@yahoo.com

Assistant Priest:

Fr. Basil Rosu

Assisting Priest Emeritus:

Fr. Demetrios Kavouras

Saints and Feasts

Today we commemorate:

- Sunday of St. Gregory Palamas
- Forefeast of the Annunciation of the Theotokos
- Artemon the Presbyter
- Our Holy Father Theonas, Archbishop of Thessalonica

READINGS:

St. Gregory Palamas

This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at Berea. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life. He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against Acindynus, who was of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God. In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixty-three years, he reposed in the Lord in 1359. His holy relics are kept in the Cathedral of Thessalonica. A full service was composed for his feast day by the Patriarch Philotheus in 1368, when it was established that his feast be celebrated on this day. Since works without right faith avail nothing, we set Orthodoxy of faith as the foundation of all that we accomplish during the Fast, by celebrating the Triumph of Orthodoxy the Sunday before, and the great defender of the teachings of the holy Fathers today.

Welcome to all our visitors worshipping with us today; we're glad you're here!
Please join us at our Fellowship Hour immediately following the Divine Liturgy to meet fellow parishioners and learn more about the community.