

## **Apolytikion and Kontakion Hymns** **August 18<sup>th</sup>, 2019**

### **Apolytikion**

In giving birth you retained your virginity, and in dormition you did not forsake the world, O Theotokos. You were translated unto life, being the Mother of Life. And thus by virtue of your intercessions you deliver our souls from death.

Ἐν τῇ Γεννήσει τὴν παρθενίαν ἐφύλαξας, ἐν τῇ Κοιμήσει τὸν κόσμον οὐ κατέλιπες Θεοτόκε. Μετέστης πρὸς τὴν ζωὴν, μήτηρ ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις ταῖς σαῖς λυτρουμένη, ἐκ θανάτου τὰς ψυχὰς ἡμῶν.

### **Resurrectional Apolytikion in the Plagal of the Fourth Tone**

From on high You descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to You, O Lord.

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος, ταφὴν καταδέξω τρίήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

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### **Apolytikion of St. Katherine**

Let us sing the praise of the Bride of Christ renown, the Patroness of Sinai, Katherine Divine. Our assistance and protection, for she has brilliantly subdued, the impious refine, by the power of the Spirit. She was crowned as a martyr of the Lord, and for all, she entreats the great mercy.

Τὴν πανεύφημον νύμφην Χριστοῦ ὑμνήσωμεν, Αἰκατερίναν τὴν θείαν καὶ πολιοῦχον Σινᾶ, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν, ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τῆ μαχαίρα, καὶ νῦν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πᾶσι τὸ μέγα ἔλεος.

### **Kontakion**

The Theotokos, unsleeping in intercession and the immovable hope of protection, could not be retained by any tomb or death. For being Life's own Mother, she was transferred to life by Him who dwelt in the ever-virgin womb.

Τὴν ἐν πρεσβείαις ἀκοίμητον Θεοτόκον, καὶ προστάσιαις ἀμετάθετον ἐλπίδα, τάφος καὶ νέκρωσις οὐκ ἐκράτησεν· ὡς γὰρ ζῶνς Μητέρα, πρὸς τὴν ζωὴν μετέστησεν, ὁ μήτραν οἰκήσας ἀειπάρθενον.